Explore Kerala Naturally

This 10-day Explore Kerala itinerary is a great way for you to experience Kerala in an authentic way. We have covered the must visit destinations in Kerala which are well connected by public transport. We have included possible activities at each destination that helps you to better understand about the destination in a wholistic manner. Through soft adventure activities, you are introduced to nature as well as people of the locality. This itinerary helps you visit your favourite destinations in Kerala with minimal carbon emission, maximum cultural exposure with the guidance of South India’s most awarded Experiential travel company.

Day 1-2: Fort Kochi

Arrive Cochin international and use the direct airconditioned buses to Fort Kochi. Fort Kochi is one of the main attractions of Kochi which holds a lot of fascinating history. It is a region located in the city of Kochi in Kerala. Fort Kochi has a Portuguese touch to it being under its influence in the past, through trade. This town was considered as one of the most important trading centres. Fort Kochi was shaped by the Portuguese and since then has undergone changes to suit the needs of the Dutch when they defeated the Portuguese in the seventeenth century, as well as the British who took over in the late eighteenth century. These influences on Fort Kochi make it a place of valued historical impact. It is also a delightful place with a lot of cafés and restaurants of various cuisines ranging from the spicy
South Indian Tiger prawns and Tibetan momos to the all-time favourite Continental style Fish and Chips.

Accommodation: Dutch Bungalow | Standard room

Meals: Bed and Breakfast

Things to Do

- Guided History Walk of the Dutch Palace, Synagogue, Santa Cruz Basilica, Jew town, Chinese fishing nets
  INR 2000 per adult | 9 AM - 12PM

- Day Cycling and sightseeing thereby visiting the historic monuments and landmarks of Historic Kochi
  INR 2000 per adult | 9 AM - 12PM

- Kadamakkudy kayaking. Visit Mangrove Forests, Fishermen Villages and scenic countryside with lots of amazing birds
  INR 1000 per adult | 3PM – 6 PM

- Kathakali dance: The traditional Kerala art and dance form
  INR 700 per adult | 5PM – 7 PM

Day 3-4: Thattekkad

Thattekkad is a region in the district of Ernakulam in Kerala situated at the foot of the Western Ghats next to the Periyar river. Thattekkad when translated means ‘flat forest’ and
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is regarded as one of the best spots for birding in Kerala. This may be well because of the famous Salim Ali bird sanctuary. This bird sanctuary was named after the renowned ornithologist and is one of the most important bird sanctuaries in India.

Accommodation: Hornbill camp | River facing Tents

Meals: Bed and Breakfast

**Things to do**

- **Salim Ali bird sanctuary:** With the help of a naturalist, take it as a challenge to spot as many unique birds as you can.
  INR 2000 per adult | 9 AM-12PM

- **Plantation walk:** Walk around the vast expanse of nearby plantations and know more about the local flora and fauna.
  INR 200 per adult | Anytime between 9 AM and 6 PM | Duration 1 hr

- **River kayaking:** One can go kayaking through the mighty Periyar River and the beautiful lagoons.
  INR 200 per adult | Anytime between 9 AM and 6 PM | Duration 1 hr
Day 5-6: Munnar

To escape from the tropical heat of Kerala, Munnar is the place to be. Playing host to one of the best scenic regions in south India with the view of the lush carpeted green hills, Munnar is the largest tea growing regions in south India with tea plantations stretched across the hills. This hill station is 1600 m above sea level and bears the highest peak in south India, Anamudi which is 2695 m. Munnar is also well known for the Neealakurinji flower which blooms once in every twelve years where the hills will be bathed in blue.

Accommodation: Olive Brook | Standard room

Meals: Bed and Breakfast

Things to do

- Tea Plantation trek - trekking through the tea plantation trails near Munnar to a spectacular view point. Followed by Bazaar walk: Take a walk around town and check out the little shops where you can find herbal products, homemade chocolates, artifacts and souvenirs.
  INR 1200 per adult | 9 AM- 12PM

- Trekking in Eravikulam National Park: It is the habitat of the endangered Nilgiri Tahr. It is also home to a large species of birds, butterflies and animals, and is a good trekking spot.
  INR 1000 per adult | 9 AM- 12PM
• Meesapulimala trek: This is one of the highest points in Munnar and is a well-known trekking location.
  INR 2500 per adult | 8 AM- 5PM

**Day 7-8: Thekkady**

Thekkady is home to Periyar National Park that is spread across the entire district of Idukki. The forests are home to a large variety of wildlife like elephants, sambars, tigers, gaur, Nilgiri Langurs. This wildlife sanctuary was declared a Tiger Reserve in 1978. The sanctuary is famous for its dense evergreen, semi-evergreen and deciduous forests. The enchanting artificial lake formed by the Mullaperiyar Dam across the Periyar River adds more charm to the National Park.

Accommodation: [Abad Green Forest](#) | Standard room

Meals: Bed and Breakfast

**Things to do**

- Periyar Wildlife Sanctuary: You can have the unique experience of viewing wildlife at close quarters from the safety of a boat on the lake of Mullaperiyar Dam.
  Forest Entry: INR 450 per adult | Valid for full day

- Green walks & Green walk - 3 Hour walk to spot many varities of birds, butterflies and other interesting plants that grow in the wild.
  INR 600 per adult + Forest Entry | Suggested Time: 7 AM- 9 AM / 3:30 Pm – 5:30 Pm

- Boating- 1 hour boating in the lake to spot wildlde and birds
  INR 500 per adult + Forest Entry | Suggested Time: 7 AM- 9 AM / 3:30 Pm – 5:30 Pm

- Bamboo rafting – Both half day and full day is available. It compis of both rafting and soft trekking through the sanctuary.
  INR 2000 per adult | 8 AM- 3PM

**Day 9-10: Alleppey**

Known as the ‘Venice of the East’, Alleppey is the hub of Kerala’s backwaters and is the gateway to a vast system of waterways. The proximity of these lakes gives out the Venetian ambience and hence the tag. Alleppey is a small town in the Alappuzha district of Kerala home to the lush green palm fringed canals, mirror-like still lagoons and tranquil lakes. Alleppey is the quintessence of peace and serenity. You can also get a glimpse of the country side and can discover the ethnicity of this wondrous land.

Accommodation: [Kurialacherry](#) | Standard room

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Meals: Bed and Breakfast

Things to do

- **Boat Cruise**: Spend a day on board a private Kettuvallam which is a traditional Kerala style houseboat.
  INR 9000 per head | 10.00 AM – 5 PM
- **Kayaking**: Cruise through the calm backwaters and canals and take in the beauty of the palm-fringed shores. Visit a toddy shop where kallu (palm vine) is provided. Toddy shops are also known for their flavorsome lip-smacking food.
  INR 2000 per adult | 9 AM - 12PM
- **Cooking demo**
  INR 500 per adult | 6 PM – 7 PM
- **Village walks and Bicycle ride**
  INR 1500 per adult | 4 PM – 6 PM

**Day 11: Depart**

After breakfast from homestay, depart to airport or next destination.
**Cost & Inclusions**

Cost per person: INR 40,500

**Inclusions:**
- Bed and Breakfast as mentioned.
- All applicable taxes

**Exclusions:**
- Transfers
- Accompanying Staff
- Additional Meals

**Traveller Notes:**
- Transfers between destinations, pick up and drop off from town/bus-stop will be arranged on request.
- Activity guide will meet at the starting point.
- Optional activities mentioned are chargeable and requires prior booking.